

CALORX OLIVE INTERNATIONAL SCHOOL

AHMEDABAD



DIRECTOR'S MESSAGE

Dear COIS Parents,

Trust all is well at your end.

The COIS Annual Day had a great climax - The Birth of the COIS Spirit ! It was a pleasure to see this feeling of bonding with the School, by parents, students and teachers. Suddenly we all were one, mingling in the same hue, as members of one Family ! Apart from being a 'Child-friendly School,' we have now also been established as a 'Parent-friendly School.'

Improvements

We believe in Kaizen, that is a philosophy of continuous improvement. Some improvements in COIS within the last one month are as follows :

- **Kindling of the COIS Spirit.** As I have mentioned above, **now that the COIS Spirit has been kindled, please keep it going.** I firmly believe that the Parent Body is the most powerful force to keep this Spirit going and to further enhance it.
- **Teachers Being Trained Abroad.** A number of teachers have been sent abroad for training. They have come back more aware and more enlightened. As mentioned in my email last month, training of teachers will be an ongoing process, so that our teachers are upto date with the best practices in the world, in their respective subjects.
- **Holistic Development.** The Holistic Development Sessions are being held on every Friday. The students look forward to this activity, which is a very healthy sign.
- **Campus Beautification.** Studies have shown that the environment shapes human behavior. An interesting theory in this regard is the 'Broken Window' Theory. The term 'Broken Window' is a metaphor to describe this concept. If a window is left unrepaired, people walking by will conclude that no one cares and no one is in charge. This theory says that little things matter. Former New York City Mayor Rudolph Giuliani adopted the Broken Windows Theory and implemented a community-policing strategy focused on order and maintenance. Graffiti was washed nightly from subway cars and litter picked up, among other things. Minor, seemingly insignificant things were rectified. The result was a record drop in crime rates !

We at COIS have also ensured that the environment is kept clean and well maintained, so that it has a positive effect on the behaviour of everyone on the COIS Campus.

ANNUAL DAY IN PROGRESS



Exam Guidelines. I am mentioning a few recommendations for the Exams, that should help you :

- Exams are the time when children look up to you for support.
- Do not compare your child with other children.
- Have dinner together.
- Make the environment at home as calm and peaceful as possible. Be aware that your child is under pressure.
- Do not discuss a bad paper.
- Do not nag your child. Arguments are counter-productive.
- Ensure your child gets 7-8 hours of sleep every night. Discourage your child from staying up late.
- Ensure your child gets a balanced diet.
- If your child's capacity is 60 percent, you can motivate her to score 70 percent, but an expectation of 80 percent is highly unreasonable. It will only urge the child to go into depression for fear of not living up to your expectations.
- After each day's exam, allow your child to recount his daily story. Do not give in to the temptation to review the errors and omissions in detail. It will only increase his stress level. So simply allow him to tell his story and move on.

At COIS, our curriculum is - the child. We are clear about that. Yes, for academic purposes we are a Full Spectrum IB School. Again, this is indicative of the fact that we are clear about which curriculum we trust and follow, unlike others who have three or even four curriculum's running under the same roof !

Whatever we do will be guided by the fact - 'What is best for the child.' Given that belief, I wish to personally assure each Mother and each Father that your child and Calorx Olive International School are in safe hands.

Thank you.

Wishing you the very best,

Warm regards,

Colonel Atul Bhandari

Director

Calorx Olive International School

Ahmedabad